COMMITMEN Texas Department of Health Breast and Cervical Cancer Control Program

October 1999 Volume 8, Number 10

Season for Fall Training Fast Approaching

he Breast and Cervical Cancer Control Program (BCCCP) will provide training this fall on data forms, performance indicators, data reports, cancer detection, and rescreening.

Trainings will be on November 4 in Austin, November 10 in Corpus Christi, November 16 in Galveston, and November 18 in Fort Worth. Each provider is assigned to a specific training site and date. Refer to the accompanying Fall Training schedule.

To prepare for the fall training, participants should consider how they use the unused D19c or D19b forms for clients who receive only one screening service (either breast or cervical).

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Fall Training Schedule

November 4th - Austin

Cancer Consortium of El Paso PHR 9/10 (San Angelo and Marfa) PHR 7

UT School of Nursing Community Action, Inc. Community Council of South Central Texas

Barrio Comprehensive Ella Austin Health Center San Antonio Metro Health District University Health Systems Medina Community Hospital

November 16th- Galveston

Harris County Hospital District Planned Parenthood - Houston Galveston County PHD UTMB Jasper/ Newton PHD Memorial Health System

November 10th - Corpus Christi

Fort Duncan Medical Center United Medical Center Gateway Community Hospital City of Laredo Health Department CACOST

Corpus Christi- Nueces County PHD Planned Parenthood - Cameron South Texas Hospital UTMB- McAllen

November 18th - Fort Worth

YWCA of Lubbock
YWCA of Abilene
UT at Tyler
Cross Timbers
TWU Cares
Tarrant County PHD
Harrington Cancer Center
Parkland
Planned Parenthood - Dallas
UT Southwest at Dallas

Revised Travel Request and Reimbursement Policies Now in Effect

ll provider travel paid for by the Breast and Cervical Cancer Control Program must have prior approval from the state office.

Each traveler must submit a completed Request for Travel Approval form (see insert) with all required signatures **prior to traveling.** Send completed forms by mail or fax no later than two weeks prior to the expected travel date.

Approved travelers will be notified by fax. Request for Travel

Reimbursement forms must be accompanied by all receipts and a copy of the Request for Travel Approval form.

Take note of the new maximum reimbursement amounts. These amounts are listed on the Travel Reimbursement form.

If there are any questions regarding travel policy or reimbursement, contact Rhonnda Jones, Administrative Technician, at (800) 452-1955.

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BCCCP Briefs

Conferences

"Prevention Successes 2000: Better Health for All" is the theme for the 14th National Conference on Chronic Disease and Prevention and Control. The conference is scheduled for November 30 - December 2, 1999 at The Adam's Mark Hotel in Dallas. For more information, contact Estella Lazenby at (301) 588 - 6000 or visit the website at www.cdc.gov/nccdphp/99cdconf.htm.

The **Office of Minority Health** is sponsoring the Seventh Annual Minority Health Conference entitled "**Reflecting on the Past and Shaping the Future of Minority Health**" on December 1 - 3 in Houston. For more information, contact Eva Holguin, Conference Coordinator, at (512) 458-7713.

Who to Call & How to Reach Us...

General Information/Administration:

Margaret Méndez
Shannon Burke
Christina Rogers
Professional Education, Clinical
Services, Case Management:
Karen Knox
Karen McAnarney

Claudia Himes **Public Information and Outreach:**

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Kathy Kokel Codie Prinz Shannon Burke

Texas Department of Health Breast & Cervical Cancer Control Program 1100 West 49th Street, G407 Austin, TX 78756-3199

(512) 458-7644 (800) 452-1955

(512) 458-7650 FAX

email: margaret.mendez (or other staff first name, period and last name)@tdh.state.tx.us

Website Address

http://www.tdh.state.tx.us/bcccp/

Local Changes

Please write or call Rhonnda Jones, Administrative Technician, at (800) 452-1955 with ANY changes in local telephone numbers, personnel or service delivery sites. *Thank you.*

Breastfeeding with Breast Cancer

Excerpts from an article by Nancy Liedtke, M.S., Breastfeeding Promotion Nutritionist, Texas Department of Health

s breastfeeding appropriate for mothers who have, or are recovering from breast cancer?

The Texas Healthy Mothers, Health Babies Coalition invited Ed Newton, M.D., to speak on lactation and breast cancer. Newton is an obstetrician and the director of labor and delivery at Hermann Hospital in Houston. This article highlights information presented by Newton.

About 43,000 new cases of premenopausal breast cancer are diagnosed in women in the United States each year. Newton estimates that 70 percent of these women (about 30,000) will become pregnant within five years after the diagnosis.

This means the majority of young women who get breast cancer will face the question, "Can I breastfeed even though I have breast cancer or have had it?"

Diagnostic Tools

Newton believes that it is common for both women and doctors to delay investigating a suspected lump until the pregnancy or lactation is complete. If the lump is cancerous, this delay could have serious consequences. Breastfeeding can still continue while a woman undergoes diagnostic testing.

Treatments

There are different types of breast cancer therapy. Most are safe for breastfeeding. Keep in mind that the treatments can cause stress and fatigue. A breastfeeding mother going through any of these treatments will need extra support, care and understanding. The treatments include:

- ◆ X-ray Exposure to low amount of radiation; breastfeeding is not affected.
- ♦ Surgery Removal of the lump; monitor milk supply from affected breast, some ducts may have been damaged. Remember, it only takes one breast to breastfeed.
- ◆ Mastectomy Remove an entire breast; breastfeeding can continue on the remaining breast.
- ◆ Chemotherapy Receive anticancer medicines; breastfeeding should cease during this therapy.
- ◆ Radiotherapy Multiple exposures to high energy rays;

Breastfeeding continued on Page 4

Mission

The mission of the Texas Breast and Cervical Cancer Control Program is to reduce the impact of breast and cervical cancer in Texas by promoting access to quality information, screening, diagnosis and treatment in Texas communities.

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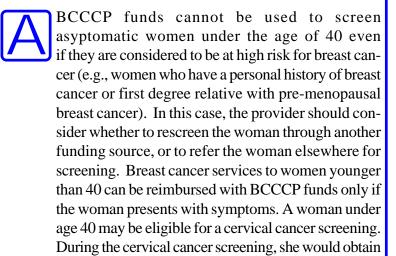
The goal of the Texas Breast and Cervical Cancer Control Program is to reduce premature mortality from breast cancer and cervical cancer in Texas.

Ask the Expert

Don't forget, you can submit your own questions on any subject related to the program such as nursing, case management, billing, data or outreach. Send questions to Andrea Littlefield, Information Specialist, 1100 West 49th Street, Austin, TX 78756-3199.



A woman 39 years of age presents herself and states she received a BCCCP-funded screening mammogram at another BCCCP provider site the previous year due to having a family history of breast cancer. She is seeking an appointment for rescreening. Should she be rescreened through the BCCCP?



Celebrate Breast Cancer Awareness Month

additional information on breast cancer.

ctober is Breast Cancer Awareness Month. Although many providers have completed Wreath Project celebrations, there are still many ways to continue the momentum of Breast Cancer Awareness Month.

Tell A Friend Friday, sponsored by the American Cancer Society (ACS), is one way to continue to spread the word about breast cancer. During the event, participants volunteer to call five friends, neighbors and relatives over 40 and encourage them to get a mammogram and CBE. Contact your local ACS office for information about being a team leader or

volunteer caller.

a clinical breast examination and also could receive

During a **Brown Bag Lunch Series**, your staff can offer a series of talks on topics such as breast cancer, mammography, self-breast examination and invite the community to your lunch.

There is still time to **pitch** stories to the media. This is a great opportunity to approach your local radio, TV or newspapers about stories on breast cancer and breast cancer survivors.

If you need additional information on projects for October, contact Andrea Littlefield, Information Specialist, at (800) 452-1955.

Facility Reimbursement Codes

reast and Cervical Cancer Control Program (BCCCP) providers may be reimbursed for certain fees charged by a health care facility (such as a hospital or out-patient surgery center) to provide a Program-funded biopsy.

A provider may be reimbursed for the appropriate facility charge when the payment is requested on a SUM form and submitted to the state office. Only the following codes can be used when requesting this reimbursement:

√ 19100-F: Facility fee corresponding with Needle Core Biopsy - \$306.24

√ 19120-F: Facility fee corresponding with Excisional Biopsy - \$470.08

Additional funding for facility fees is not available.

If you have additional questions regarding this fee, contact Kathy Kokel, Contract Specialist, at (800) 452-1955.

Reminder

All FY'99 vouchers are due to the state office by November 30, 1999.

Breastfeeding with Breast Cancer

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breastfeeding can continue on the untreated breast.

Newton encourages breastmilk for all infants. However, breastfeeding should never be a reason to delay treatment for breast cancer. In most cases of breast cancer treatment, breastfeeding doesn't have to end.

Fall Training Approaching

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Rescreening

Participants also should come prepared to discuss how the rescreening effort is working thus far, and if there are any particular issues or challenges.

For more information on training and registration, contact Rhonnda Jones, Administrative Technician, at (800) 452-1955.

Emphasis needs to be placed on the early detection, proper diagnosis and thorough treatment of breast cancer.

For more information on breastfeeding and to order breastfeeding literature for your clinic, contact WIC Breastfeeding at (512) 458-7440.

Make sure you read the enclosed Clinical Update.
More Clinical Updates will be forthcoming in later issues of Commitment

BCCCP Statistics*

Women Served:

115,353

Breast Screenings:

144,696

Cervical Screenings:

106,886

Breast Cancers:

745

Cervical Carcinoma in situ:

1591

Invasive Cervical Cancer:

55

*As of September 9, 1999

Important Dates

October

October - Breast Cancer Awareness Month

October - Tell A Friend

October 8- Lee Denim Day

October 15 - Deadline for Fall

November

Training Registration

November - Fall Training

November 4 - Austin Training November 10 - Corpus Christi

Training

November 11 - Veteran's Day

State Office Closed

November 16 - Galveston

Training

November 18 - Fort Worth Training

November 25 - Thanksgiving

State Office Closed

November 26 - Day After Thanksgiving - State Office Closed

November 30 - FY99 vouchers

due to State Office

November 30 - December 2 - The 14th National Conference on

Chronic Disease Prevention and Control, Dallas.

December

December 1 - 3 - Texas' Seventh Minority Health Conference, Houston

December 24 - Christmas Eve Day - State Office Closed

Commitment

A monthly bulletin

Send news/information to:

Texas Department of Health Breast & Cervical Cancer Control Program 1100 West 49th Street

Austin, TX 78756-3199 Telephone: (800) 452-1955 Fax: (512) 458-7650

Email: andrea.littlefield@tdh.state.tx.us